

Take the Abstinence Pledge

God's perfect plan is that you enjoy sexual intercourse exclusively within marriage. God knows the pleasures of sex and the bonding that can take place when a couple engages in it. He also knows the painful consequences of sex outside of marriage – the physical, mental, emotional, and spiritual consequences of premarital sex. He wants to protect you from this pain.

The great sex you and your husband will enjoy someday will be free from painful consequences or guilt and **WELL WORTH THE WAIT!**

Pledge to sexual purity until marriage. The choice will free your mind.

My Pledge

With confidence in His power to strengthen me, I make a promise this day to God, my family, myself, my future spouse and my future children; to remain sexually pure until the day I give myself as a wedding gift to my spouse. I know that God requires this of me, that He loves me, and that He will reward me for my faithfulness, in this life, and in the next.

Printed Name: _____

Signed: _____

Date: _____

Print, read and sign your pledge form, then email us. We'll add your name to our list of others who have promised to remain sexually pure until marriage.